Bulletin 2.1 (04-05-2024)



Welcome to our second Maastricht event, after the highly appreciated event in 2019 we have decided to return for 2024 with an urban event on two days!

For 2024 we have doubled the mapped area compared to our last event in Maastricht in 2019; with that addition we are able to provide you a Long Distance City Run on the Saturday and a Middle distance City Run with WRE on the Sunday!

We are sure you will like Maastricht with everything it has to offer, including of course our both City Run events!

### PROGRAM

#### 11 MAY 2024 - Saturday

15:30 Competition Centre opens.17:00 First start19:00 Last start20:30 Finish closes

This day will be our Long Distance City Run in the new added eastern part of Maastricht, including the old historic city part called Wyck and the modern part Ceramique.

#### 12 MAY 2024 - Sunday (WRE)

08:00 Competition Centre opens 09:30 First Start 11:30 Last start 13:00 Finish closes 13:30 Prize giving ceremony for the WRE and all age classes

This day will be our middle distance City Run in the old historic city center of Maastricht. All courses will visit both the technical and historical parts of the map. For the Elite runners, this day will be the sprint WRE.

#### ORGANIZATION

Competition inquiries: <u>olaf@orienteering.nl</u>, 0031642799688 Organizers: Peter Voermans, Olaf Woertel

Saturday mapper: Olaf Woertel Saturday course setter: Olaf Woertel Saturday controller: Raul Cordon Perez

Sunday mapper: Olaf Woertel Sunday course setter: Olaf Woertel Sunday controller: Ivan Batchev

IOF Event Advisor: Wil Alards



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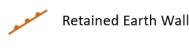
# MAPS

All maps are at 1:4000 with 2.5m contour interval, updated and drawn using ISSprOM 2019-2 in 2024. The maps will use the changes made in revision 6 of the ISSprOM standard, which include:

# New Symbols Added

Continuing point

after map exchange



Area with obstacles

> Area runnable at lower level for buildings

The symbol for an area with obstacles (symbol 533) will be used for larger bike parking places or area's with a lot of climbing / exercise objects.

Symbol 531: Prominent man made feature is used for individual objects in a playground.

Symbol 530: Prominent man made feature is used for large art objects.

Symbol 526: This symbol is used for statues.

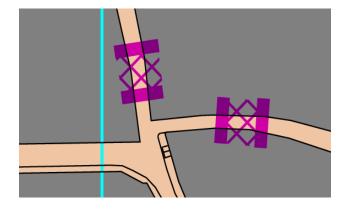
### **ARTIFICIAL FENCES**

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On the second day artificial fences will be used to make courses and route choices more interesting. These fences will be used for all categories. At an artificial fence there will be a stewards with a yellow jacket, also the artificial fence will be marked on the ground with red/white tape. The steward will be standing in the middle of the fence of the map. You are not allowed to cross this symbol on the map. Doing this will lead to disqualification. Running up to the steward, but realizing your mistake and turning back is permitted.





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# LOCATIONS

An overview map is available <u>HERE</u>. On this Google map all info will be added regarding the locations of the maps, parking, Competition Centre, etc.

We will be using the same Competition Centre during the weekend!

Address of the Competition Centre: Maasboulevard 101 6211 JW Maastricht

There will be no signs to the Competition Centre.

# **COMPETITION AND CLASSES**

The following categories will be used at the Maastricht City Races. Age is on 31/12/2024.

M/W CHILDREN -12 (Age <= 12) M/W YOUTH -16 (13 <= age <= 16) M/W JUNIOR -20 (17 <= age <= 20) M/W OPEN (open for everyone aged 17+) M/W ELITE (open for everyone aged 17+, Sat: Sprint, Sun: **WRE**) M/W VETERAN 40+ (40 <= age <= 54) M/W SUPERVETERAN 55+ (55 <= age <= 64) M/W ULTRAVETERAN 65+ (65 <= age <= 74) M/W HYPERVETERAN 75+ (75 <= age)

The sprint for the Elites on Sunday will have a winning time of 15 minutes, the sprint on Saturday will be a few minutes longer.

Normal prices (until and including 01/05/2024):

Both days: €25 Only day 1: €15 Only day 2: €15 (also for the WRE only)

Orienteers from a Belgian club get their invoice after the races via their clubs.

All other orienteers are requested to pay by bank transfer (latest on 07-05-2024), bank details: K.O.V.Z. NL55INGB0000739528 BIC: INGBNL2A

Please note: MCR – name – club – days running (1, 2 or 1/2)



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### **DAY 1 - SATURDAY**

Map: Maastricht Oost Scale: 1:4000 Contour Interval: 2.5 meter Mapper: Olaf Woertel Course setter: Olaf Woertel Controller: Raul Cordon Perez

Course	Category	Distance	Controls	Scale
1	M ELITE	5.100	23	1:4000
2	W ELITE	4.600	21	1:4000
3	MOPEN	12.800	43	1:4000
4	M VET 40+ M JUNIOR -20	11.100	39	1:4000
5	M SUPERVET 55+ W OPEN	9.000	34	1:4000
6	W VET 40+	8.350	31	1:4000
7	M ULTRAVET 65+ W JUNIOR -20	7.000	27	1:4000
8	M YOUTH -16 W SUPERVET 55+	6.500	30	1:4000
9	W YOUTH -16 W ULTRAVET 65+	5.400	27	1:4000
10	M HYPERVET 75+ W HYPERVET 75+	3.900	18	1:4000
11	M CHILDREN -12 W CHILDREN -12	3.200	15	1:4000
12	Short Difficult (SD)	4.500	17	1:4000
13	Long Difficult (LD)	7.000	27	1:4000

Competition Centre to start: 900 meter Finish to Competition Centre: 1100 meter

Control descriptions are only available at the start and are not printed on the map.

15:30 Competition Centre opens.17:00 First start19:00 Last start20:30 Finish closes



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### **DAY 1 - STREET CROSSING**

On the first day, the courses 1, 2, 8, 9, 10 and 11 will have a obligatory street crossing with a time neutralization in between. At the end of the afternoon, when a lot of people will return home, this road is expected to have quite some traffic. The car part is a zebra crossing so runners should get priority when crossing. The more cautious part are both bike lines before and after the zebra crossing. They are not part of the zebra crossing, so runners will not get priority anyway.

Please be careful at this part and be sure you see the bikes and the people riding the bikes see you. Nowadays a lot of bikes in The Netherlands are electrified, so everyone is capable to reach a high speed on those bikes.

Because of that the time is neutralized (for 45 seconds) on this part of the courses to give you enough time to cross the complete road.

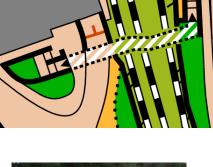
#### DAY 1 - TUNNEL

On day one, courses 3, 4, 5, 6, 12 and 13 will have to pass underneath the railway tracks by using the tunnel. This tunnel has two parts with separate entries, one for people on foot and one for people on a bike. The middle part of this tunnel is shared, with partly a fence in between. The part for bikes is not accessible for people on foot, therefore it is also not mapped.

Please make sure you stay on the correct side of the track in the tunnel and do not use the entries for bikes. The bike part of the tunnel is not part of any route choice, you are not allowed to be there on foot (as traffic signs show) and therefore these tunnel parts are not mapped.

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e on foot, therefore it is of the track in the tunnel part of the tunnel is not to be there on foot (as parts are not mapped











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### DAY 2 - SUNDAY

Map: Maastricht Scale: 1:4000 Contour Interval: 2.5 meter Mapper: Olaf Woertel Course setter: Olaf Woertel Controller: Ivan Batchev

IOF Event Advisor: Wil Alards

Course	Category	Distance	Controls	Scale
1	M ELITE	4.100	22	1:4000
2	W ELITE	3.800	22	1:4000
3	M OPEN	10.200	33	1:4000
4	M VET 40+ M JUNIOR -20	8.150	31	1:4000
5	M SUPERVET 55+ W OPEN	7.850	28	1:4000
6	W VET 40+	6.000	30	1:4000
7	M ULTRAVET 65+ W JUNIOR -20	5.500	27	1:4000
8	M YOUTH -16 W SUPERVET 55+	5.000	21	1:4000
9	W YOUTH -16 W ULTRAVET 65+	4.350	22	1:4000
10	M HYPERVET 75+ W HYPERVET 75+	3.200	15	1:4000
11	M CHILDREN -12 W CHILDREN -12	2.900	16	1:4000
12	Short Difficult (SD)	4.500	22	1:4000
13	Long Difficult (LD)	6.000	27	1:4000

Competition Centre to start: 1350 meter Finish to Competition Centre: 750 meter

08:00 Competition Centre opens 09:30 First Start 11:30 Last start

- 13:00 Finish closes
- 13:30 Prize giving ceremony for the WRE and all age classes

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# TERRAIN

On both days most (90%+) of the terrain will be paved area, otherwise it will be grass and maybe a very small part sand. For the Elites at the WRE almost the complete course (98%+) will be paved area.

### CHILDREN COURSE

On both days we have a separate children course (Kinder-O) with a small reward afterwards. Children can do this course on both days, as we have a different course for both days.

Entry for the children course can be done on the day itself, at the Competition Centre for 2 euro's.

#### PUNCHING SYSTEM

On both days SportIdent AIR+ will be used as the punching system for all courses and categories. After a punched Start all controls will be touch free, including the Finish.

#### **BIB NUMBERS**

Bib numbers are obligatory to wear for the Elite runners during the WRE: they must collect their bib number at the Competition Centre before going to the Start. Elite runners can collect their bib number on both days.

#### **START TIMES**

Start times will be published on the Helga portal, a few days before: https://helga-o.com/start/

M / W CHILDREN -12 can choose their start time between 17:00 – 19:00 on Saturday and 09:30 – 11:30 on Sunday.

#### RESULTS

Results will be live published on the Helga portal, see: <u>https://helga-o.com/webres/</u>

#### COMPLAINTS

A complaint must be made in writing as soon as possible and given to the Event Office. Complaints should be handed in no longer than 15 minutes after the publication of the final results.

The organization can make a decision about the complaint. A protest may be made against the organizers decision. The protest must be written and has to be handed in at the Event Office no longer than 15 minutes after the decision about the complaint.

The jury will decide about the protest.

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### JURY

For both days, the jury will consist of:

Andre Aerts (Belgium Federation, HAMOK) Dieter Coen (Belgian Federation, TROL) Olga Zwikker (Dutch Federation, HOC'93)

### PRIZE GIVING

On the second day, we will have a prize giving ceremony for the top three for both genders in the categories:

M/W CHILDREN -12 M/W YOUTH -16 M/W JUNIOR -20 M/W OPEN M/W VETERAN 40+ M/W SUPERVETERAN 55+ M/W ULTRAVETERAN 65+ M/W HYPERVETERAN 75+

For M/W ELITE, we have a separate prize giving on the second day for the WRE. We will not have a prize giving for the M/W ELITE covering both days.

Expected time for the prize giving will be 13:30 on the second day.

### GOODIE

Everyone who will join both days of our event will get a goodie, a small present from us. They are available at the desk for the children course.

#### EMBARGOED AREAS

The competition areas can be found <u>HERE</u>.

#### SERVICES

There will be toilets at the Competition Centre, but there won't be showers. There won't be toilets at the start! On Saturday and Sunday there will be refreshments at the finish. The bar at the Competition Centre will serve a variation of drinks and snacks.

#### SAFETY

Every participant is responsible for his own safety during the competition. On both days the courses cross several roads with some traffic. Please note that a lot of traffic in The Netherlands is done on a bike; the electrified ones reach up to high speeds, so be aware!

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