



ASOM 2023

Antwerp sprint orienteering meeting

TEAMS INVITATION



Hi!

ASOM started in **2015** with one big goal: to put Belgium on the map as a sprint orienteering country and to provide **high quality orienteering races**, both for (Elite-)runners as for the spectators.

We are very happy that after 10 years of ASOM we will organise the **European Sprint Orienteering Championships** in 2025 in Hasselt, Belgium. It is an opportunity to increase the popularity of the sport and show the whole world the Belgian towns and cities are a great place for some challenging orienteering races!

In **2023** the 7th edition of ASOM will be organized on August 18, 19 and 20. 3 out of the 4 races will be organized on **new maps in Ghent**.

For the national team runners we provide a **pre-ASOM training camp** from Wednesday the 16th with 3 organised trainings with SPORTident and 2 extra training maps for individual trainings.

Entries for the training camp **close on July 30**.

Please contact **Fabien Pasquasy (fabien@pasquasy.be)** for the registration form.

ASOM 2023 Training Camp

**Wednesday
16 August**

**AM Free Training
Ghent Nieuw Zuid**
Individual training

**PM Free Training
Ghent Citadelpark**
Individual training

**Thursday
17 August**

**AM Sprint Training
Kortrijk**
Organised Sprint training

**PM Sprint Training
Kortrijk**
Organised Sprint training

**Friday
18 August**

**AM Sprint Training
Gentbrugge**
Organised Sprint training

**PM ASOM Mixed Relay
Ghent**
Relay with 2 runners running twice

**Saturday
19 August**

**AM ASOM KO Quali
Ghent**
Sprint KO Qualification

**PM ASOM KO Finals
Ghent**
Quarter, Semi and Final

**Sunday
20 August**

**AM ASOM WRE Sprint
Ghent**
Sprint World Ranking Event



PRICES

We try to provide the training camp at reasonable prices:

For each training we ask 7 EURO.

In this price is included:

- * Updated orienteering maps conform ISSProm2019-2
- * Challenging course settings
- * Maps printed on waterproof paper by SPPrint
- * SPORTident controls or control flags on the course

35 EURO

For the full camp (Wednesday to Friday - 5 trainings)

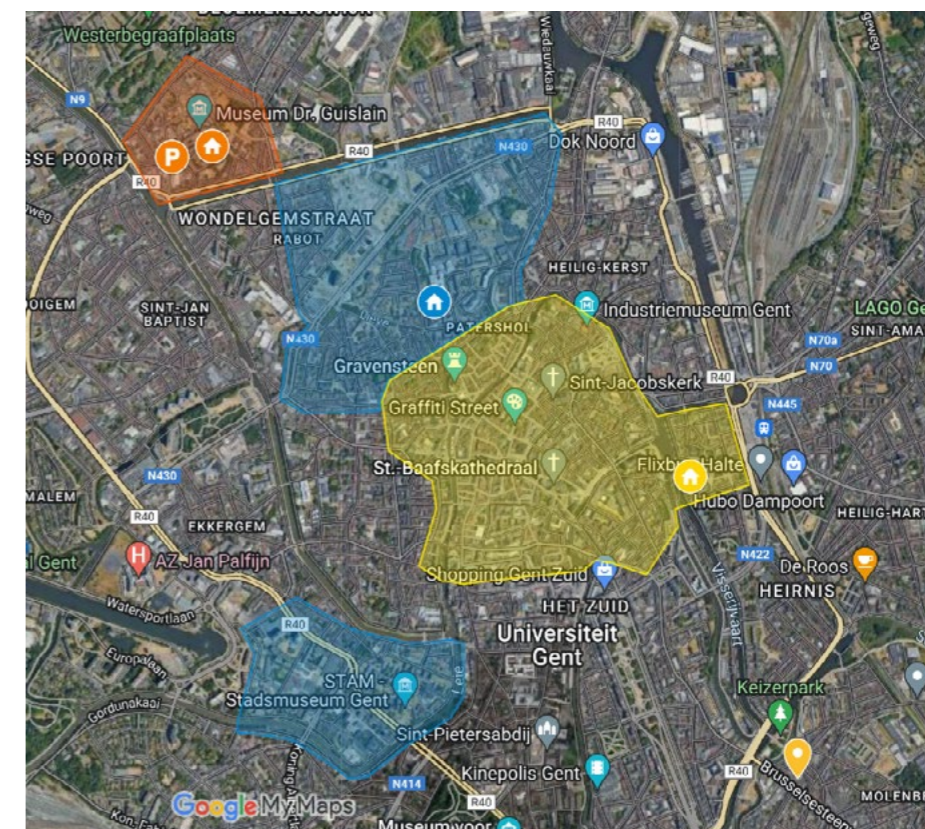
21 EURO

For the short camp (Thursday & Friday - 3 trainings)

LOCATIONS

On this Google Map you can find the locations of ASOM and the trainings:

[Overview map](#)



ASOM ELITE

We try to make ASOM as cool as possible for elite orienteers. They are the stars of orienteering so they deserve the best.

PRIZE MONEY

There will be a total of 2.000 EUR prize money for the races during the weekend, (of course) equally divided between men and women.

	Knock Out	WRE
1st	150 EUR	250 EUR
2nd	100 EUR	175 EUR
3rd	75 EUR	100 EUR
4th	50 EUR	50 EUR
5th	25 EUR	25 EUR

TRAINING CAMP

There is a possibility for extra training days before ASOM. The trainings are organized by ASOM and SPORTident timing will be arranged at trainings on Thursday en Friday. Please contact Fabien Pasquasy (fabien@pasquasy.be) if interested in joining.

CONTACT

Please contact Jeremy Genar at jeremy@asom.be if you have any questions about ASOM and our ELITE program.





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