

ABSO-BVOS - National team physical test - season 2025 - Status February 22nd, 2025

Important reminder: the physical test is in no way a selection criterion. Its purpose is to guarantee the minimum level of fitness required for inclusion in the national team

W16 - 2009/2010

Criteria		Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Physical level	Date
National level		00:10:00	00:20:00					
KORSTJENS	Domi	00:09:49	00:19:23				National level	22-02-25
MAYERES	Violette	00:08:53	00:18:22				National level	11-01-25
MAZY	Anaïs	00:09:02	00:18:08				National level	19-10-24
MOXHET	Maëlle	00:16:52	00:36:29				Regional level	23-11-24
PALM	Camille	00:10:30	00:21:05				Regional level	23-11-24
VAN PAEMELEN	Claire	00:08:33	00:17:07				National level	23-11-24
VAN VYVE COURTOIS	Chloé	00:08:50	00:18:04				National level	19-10-24

W18 - 2007/2008

Criteria		Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Physical level	Date
National level		00:09:30	00:19:00	00:28:30				
CANART	Elisabeth	00:10:35	00:22:22	00:33:38			Regional level	23-11-24
LOVENS	Eloïse	00:10:30	00:21:19	00:32:11			Regional level	23-11-24
MATTART	Louise	00:08:34	00:17:46	00:26:38			National level	19-10-24
MONFORT	Odile	00:09:50	00:20:25	00:30:55			Regional level	23-11-24
PALM	Daphne	00:10:30	00:21:22	00:32:03			Regional level	23-11-24

W20 - 2005/2006

Criteria		Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Physical level	Date
National level		00:09:00	00:18:00	00:27:00				
BOSMANS	Sofie	00:08:34	00:17:18	00:25:53	00:34:18		National level	23-11-24
RENARD	Maya	00:08:33	00:17:23	00:26:39	00:36:10		National level	23-11-24
ROOMAN	Sarah	00:08:35	00:17:18	00:25:52	00:34:14		National level	19-10-24
TAILLIEU	Maija	00:08:32	00:17:34	00:26:40			National level	15-02-25

W21 - 2004/19..

Criteria		Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Physical level	Date
National level		00:08:45	00:17:30	00:26:15	00:35:00			
DESMUL	Tille	00:07:33	00:15:17	00:22:57	00:30:40		National level	19-10-24
HÜBINGER	Lynn	00:08:43	00:18:00	00:27:20	00:36:32		Regional level	23-11-24
KREKELS	Julia	00:08:35	00:17:18	00:25:52	00:34:14		National level	19-10-24
SILLIEN	Marine	00:07:36	00:15:37	00:23:37	00:31:20		National level	22-02-25
TIESTERS	Lotte	00:08:35	00:17:18	00:25:52	00:33:47		National level	19-10-24

M16 - 2009/2010

Criteria		Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Physical level	Date
National level		00:08:40	00:17:20	00:26:00				
BOECKX	Wout	00:08:06	00:16:33	00:25:09			National level	19-10-24
COKELAERE	Elias	00:07:51	00:16:23	00:24:32			National level	23-11-24
COOLS	Daan	00:07:52	00:16:43	00:25:29			National level	23-11-24
DE MITS	Viek	00:08:29	00:18:03	00:27:30			Regional level	15-02-25
FAUCONNIER	Robin	00:07:56	00:16:26	00:24:54			National level	23-11-24
JANSEN	Nathan	00:07:31	00:15:27	00:23:01			National level	23-11-24
LENGES	Luca	00:08:19	00:17:12	00:25:52			National level	22-02-25
PASQUASY	Emile	00:07:32	00:15:20	00:23:07			National level	19-10-24
WOLLES	Thor	00:07:31	00:15:28	00:23:09			National level	23-11-24

M18 - 2007/2008

Criteria		Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Physical level	Date
National level		00:08:15	00:16:30	00:24:45	00:33:00			
AERDEN	Torben	00:07:33	00:15:17	00:22:46	00:30:07		National level	19-10-24
BOMBAERTS	Diego	00:06:48	00:14:08	00:21:28	00:28:37		National level	19-10-24
BOURGEOIS	Oscar	00:06:30	00:13:21	00:20:03	00:26:52		National level	23-11-24
BROUWIER	Victor	00:06:30	00:13:21	00:20:03	00:26:49		National level	23-11-24
CHATELAIN	Loïc	00:07:33	00:16:16	00:25:31	00:34:24		Regional level	23-11-24
DE CLEENE	Bob	00:06:49	00:13:59	00:21:05	00:28:21	00:35:33	National level	23-11-24
FAUCONNIER	Timour	00:08:37	00:17:44	00:26:53	00:35:43		Regional level	22-02-25
JANSEN	Thomas	00:06:59	00:14:38	00:22:29	00:30:07		National level	23-11-24
LEMY STORME	Tim	00:06:52	00:14:33	00:22:22	00:29:53		National level	19-10-24
MERTENS	Pjotr	00:06:59	00:14:42	00:22:25	00:29:53		National level	23-11-24
VANSCHUYTBROECK	Regis	00:06:50	00:14:27	00:22:17	00:30:05		National level	23-11-24

M20 - 2005/2006

Criteria		Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Physical level	Date
National level		00:07:45	00:15:30	00:23:15	00:31:00			
BOURGEOIS	Louis	00:06:30	00:13:21	00:20:03	00:26:52	00:33:32	National level	23-11-24
BROUWIER	Mathis	00:06:30	00:13:21	00:20:03	00:26:52	00:33:23	National level	23-11-24
DE CLERCQ	Rune	00:06:49	00:14:08	00:21:31	00:29:00	00:36:15	National level	23-11-24
DE SMUL	Mats	00:06:50	00:14:06	00:21:25	00:28:59	00:36:07	National level	11-01-25
KENNIS	Jorn	00:06:46	00:13:58	00:21:05	00:28:21	00:35:36	National level	23-11-24
MAZY	Arnaud	00:06:46	00:13:50	00:21:00	00:28:11	00:35:19	National level	19-10-24

M21 - 2004/19..

Criteria		Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Physical level	Date
National level		00:07:20	00:14:40	00:22:00	00:29:20	00:36:40		
AMERIJKX	Cédric	00:06:49	00:14:04	00:21:32	00:29:02	00:36:15	National level	23-11-24
CASIER	Corneel	00:06:29	00:13:26	00:20:33	00:27:41	00:34:44	National level	19-10-24
DE CUYPER	Warre	00:06:48	00:13:59	00:21:05	00:28:20	00:35:35	National level	23-11-24
DE RADIGUES	François	00:07:01	00:14:40	00:22:44	00:31:00	00:39:00	Regional level	23-11-24
GOSSELET	James	00:07:48	00:16:33	00:25:44	00:34:45	00:43:38	Regional level	23-11-24
HUS	Wouter	00:06:47	00:13:59	00:21:04	00:28:22	00:35:28	National level	23-11-24
LEEUWS	Evert	00:06:38	00:13:39	00:20:42	00:27:48	00:34:43	National level	23-11-24
MATTART	Antoine	00:07:09	00:14:36	00:22:06	00:29:35	00:36:33	National level	22-02-25
MICHIELS	Yannick	00:06:29	00:12:57	00:19:27	00:26:00	00:32:41	National level	15-02-25
MULLENS	Victor	00:06:30	00:13:21	00:20:03	00:26:52	00:33:44	National level	23-11-24
TASCON GUTIERREZ	Luis	00:07:19	00:15:08	00:23:20	00:31:30	00:39:37	Regional level	23-11-24
THIELS	Liam	00:06:50	00:14:06	00:21:17	00:28:30	00:35:52	National level	11-01-25
VAN DER OUDERAA	François	00:07:00	00:14:16	00:21:36	00:28:56	00:36:18	National level	15-02-25

Legend of lap times :

National level