

## **BULLETIN 2**



**3 Days of  
Belgium  
2 0 2 5**

**7-9 June 2025**

**Felenne, Beauraing (BE)**

**1 middle distance & 2 long distances**



**2025.3days.be**

**Welcome to an exceptional orienteering adventure,  
between Ardenne and Famenne.**

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Partners and sponsors

PEGASE orienteering club is delighted to invite you to participate in the 3 Days of Belgium 2025, an international orienteering competition, in the stunning region of Beauraing in the province of Namur. Our club already has more than half a century of experience and the team that currently ensures the continuity and quality of its activities is celebrating its thirtieth anniversary this year.

It is Felenne, a charming village nested in the heart of the forest near the French border, that we have chosen to pitch our tents, which will be surrounded by three unique forest areas directly accessible from the event centre.

As is our custom, we are driven by our commitment to both technical challenge and warm camaraderie. Based on our experience of organizing three similar events with the Balise 10 club, we are embarking on this project alone this year. We are confident in our ability to organise an event of this size, thanks to the dynamism and support of our members who are experienced in international competitions and that of Freddy, our veteran world champion.

Three days of pure enjoyment await you in Felenne on June 7, 8 and 9. The woods are magnificent, the valleys spectacular, and the Croix-Scaille rising to over 500 meters above sea level offer breathtaking landscapes. You will find plenty of accommodation offers on the internet in the Beauraing region, and even in nearby France.

A heartfelt thank you to the municipality of Beauraing and the Nature and Forests Department of the Walloon Region who allow us to offer you this high-quality orientation experience.

Join us in June 2025, you will feel at home in Felenne !

Jean-Philippe Lovens, President of Pégase C.O.



# **General information**

## **Programme**

- |                  |                                          |
|------------------|------------------------------------------|
| Saturday June 7: | - afternoon: Middle distance             |
| Sunday June 8:   | - morning: Long distance                 |
| Monday June 9:   | - morning: Long distance                 |
|                  | - afternoon: Awards ceremony (1:30 p.m.) |

## **Venue**

The arena and parking are in Fellenne, Rue du Bois Houdron (5570).  
Signs will indicate the route to follow for safe parking.

Signs will show you the way to the event centre, and more information in the next bulletin.

The arena is the same for the 3 stages.  
The finish of the first stage will not be held in the arena.

## **Office hours**

Saturday 7 June, 12 noon to 4pm. Sunday, 8.30am to 12pm. Monday, 9am to 12.30pm.

## **Embargo zone**

Link to the embargoed zone : [click here](#).

## **Punching system**

Sportident. AIR system activated. In the event of non-operation on the AIR system, the runner remains responsible for his manual punching.

## **First aid**

A first-aid station will be available throughout the races, in the arena.

## **Bar and catering**

A bar will be available at each stage. Fresh drinks and snacks will be available in sufficient quantities.

An eco-cup will be offered to you as a gift on your first day of competition, we ask that you use it as much as possible at the bar.

## **Motorhome area**

An area will be provided for motorhomes, in total autonomy, with compulsory pre-registration. Please use [this form](#) to do so.

## **Waste Sorting**

Labeled trash receptacles will be available throughout the arena. Please sort your waste properly.

# Sports information

## Stage schedules

|         | First start | Last start | Course closure |
|---------|-------------|------------|----------------|
| Stage 1 | 14:00       | 16:00      | 18:00          |
| Stage 2 | 10:00       | 12:00      | 15:00          |
| Stage 3 | 09:30       | 11:30      | 14:30          |

## Start times

Start times will be published on Helga-start : <https://www.helga-o.com/start/>

## Results

Results will be published on Helga Webres : <https://helga-o.com/webres/>

## Livelox

Stages will also be published on Livelox at the time of the last start each day.

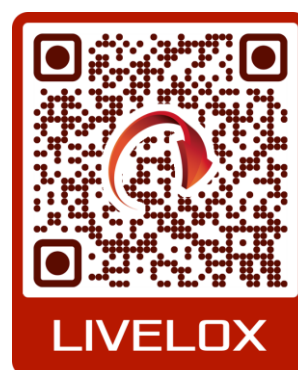
Etape 1



Etape 2



Etape 3





## Registrations for the day's courses

Pre-registered runners for the day's courses will have their map and control description at the start like all others.

Runners who register on-site will have their control description at the office. Note: this control description is proof of your registration and must be shown at the start to obtain your map.

## Starts

Signage will be in place to get to the start each day. It will be represented by red and white tape.

Each runner is responsible for clearing the memory of their chip at the start.

During stages 1 and 2, you present yourself 3 minutes before your start.

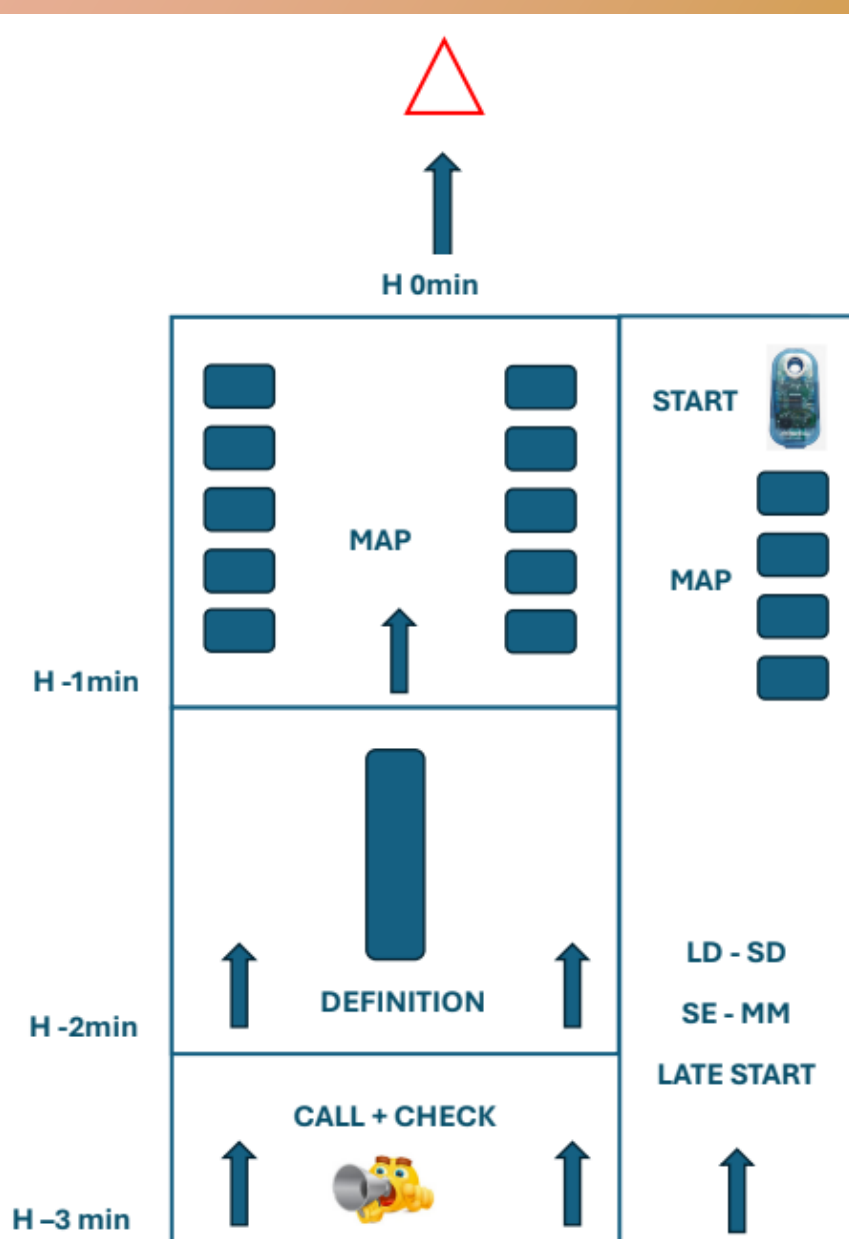
A chase start will be organized for stage 3. You present yourself 6 minutes before your start.

Some courses group categories with different printing scales. These courses are divided into A and B to distinguish them.

A corridor will be provided for the day's courses and latecomers. Report to the start official.

For categories H and D-10B (accompanied), companions can only do so after their race.

## Start procedure stage 1 and 2

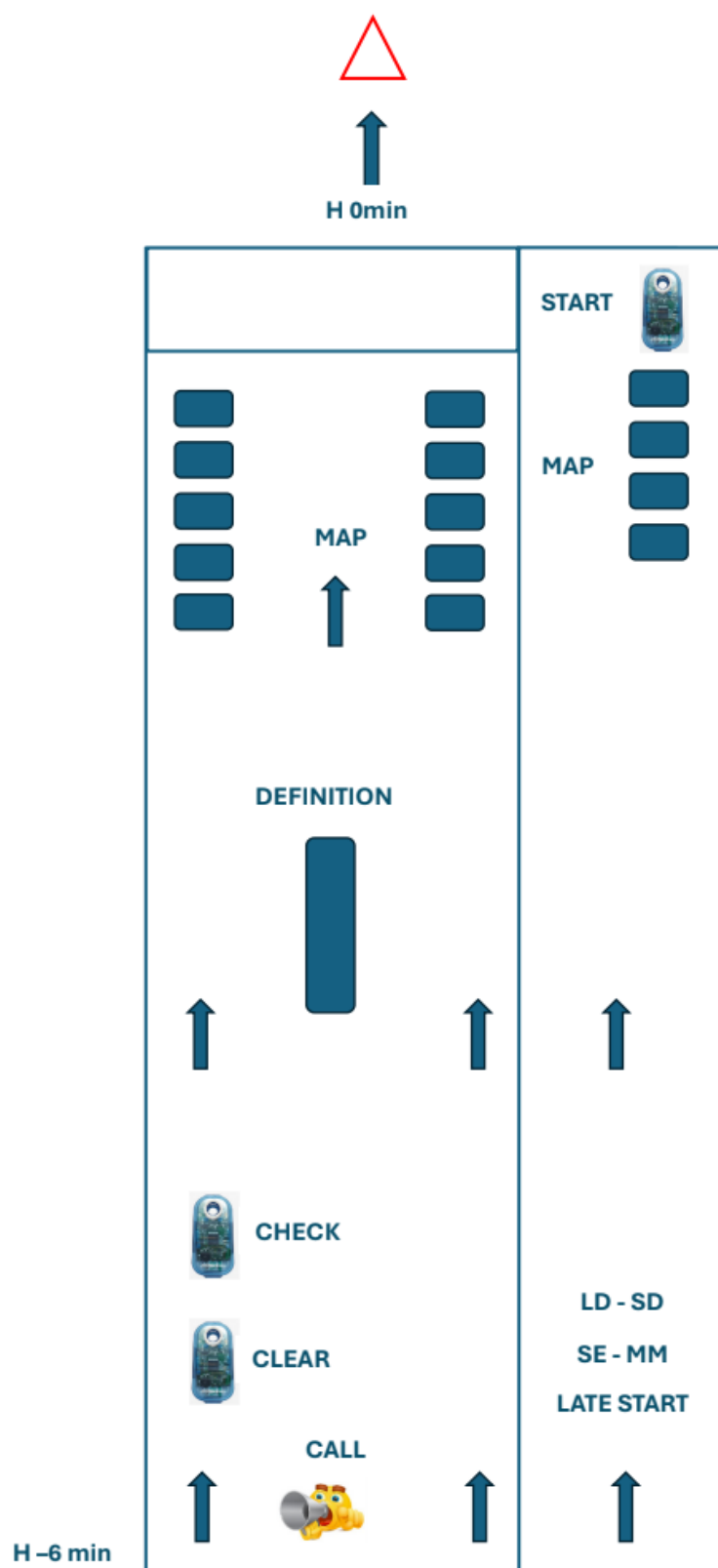


CHECK



CLEAR

## Start procedure stage 3 (chasing start)



### Chasing start (stage 3)

After stage 2, all race times will be accumulated. The total difference between you and the best runner in your category will be the difference between their start and yours.

Example: John finishes 1st overall in the first two stages in 58 minutes (25 minutes for stage 1 and 33 minutes for stage 2). Diego gets a total of 67 minutes and 24 seconds. If John starts at 10:00:00 in stage 3, Diego will start at 10:09:24.

All competitors, with 30 minutes or less behind the first, will be included in the chase. Others will start every two minutes, at least two minutes behind the last chase starter, randomly.

Chasing start times will be announced on Sunday, June 8 at 19:00.  
Please check your start time carefully.

### Refreshments during and after the race

Water will be available at the finish of each stage. Prefer the use of a water bottle or reusable cup.

Water will also be provided during the two long distances (stages 2 and 3), in the forest. These refreshments will be marked on your map.

### Race jury

Any complaint should be submitted to a member of the organization. If necessary, the organization will gather the members of the race jury and the event advisor to proceed with a vote.

Event advisors: Jean-François Krier, Christophe Bernard, Jean-Baptiste Colomb. (Substitute : Jean-Noël Debehogne)

Jury members: André Aerts, André Pierlot, Michel Bastin

## Prize-giving ceremony

The awards ceremony will be held after stage 3, at 13:30. The top 3 in each category will be honored and rewarded.

## Course setter word



The Felenne Forest presents the runner with both technical and physical challenges.

From the Felenne Plateau, located at an altitude of 340 meters, part of the route plunges into the valley towards the Olenne stream, then climbs up the other slope, which borders the French border, before returning to the plateau.

The middle distance, further south, will be less physically demanding but will allow the runner to orient themselves more technically thanks to the ravines, pine forests, and small streams. Some areas that are difficult to access will force runners to think about their route choice. The 2 long distances will allow you to discover a terrain that is both physical due to its elevation and numerous ravines, but also quite runnable through numerous terraces, rugged terrain, and some pine forests sometimes covered with ferns, sometimes free for a fast run. At this time, almost lush vegetation, even on the ground, will require the runner to pay particular attention to the approach of the controls. You may not miss encountering one or another abundant game. Be careful and do not intervene. I would like to thank the municipality of Beauraing, the Nature and Forest Department, and private owners for their support in accessing the forest. Let us be respectful. I wish you good discoveries and races that meet your expectations.

Freddy Sillien, cartographer and course setter.

## Stage 1 - Middle distance (June 7)

Map : Fellenne Sud

Scales : 1:7.500 or 1:10.000

Equidistance : 5m

Starts between 14:00 and 16:00.

Cartographer : Freddy Sillien

Course setter : Freddy Sillien

Internal control : Nicolas Sillien, Vincent Sillien, Julien Dache

Event advisor : Jean-François Krier

Distance parking - arena : 50m - 900m

Distance arena - start : 1450m

Distance finish - arena : 1400m

Map sample :



Distances :

| Circuit | Category            | Length | Climb | Scale     | Controls |
|---------|---------------------|--------|-------|-----------|----------|
| 1       | ME                  | 6400   | 160   | 1 : 10000 | 24       |
| 2       | M-20 / M35          | 5400   | 160   | 1 : 10000 | 19       |
| 3A      | WE                  | 5100   | 155   | 1 : 10000 | 19       |
| 3B      | M40                 | 5100   | 155   | 1 : 7500  | 19       |
| 4A      | M21                 | 5000   | 150   | 1 : 10000 | 17       |
| 4B      | M45                 | 5000   | 150   | 1 : 7500  | 17       |
| 5A      | M-18 / W35          | 4600   | 120   | 1 : 10000 | 16       |
| 5B      | M50                 | 4600   | 120   | 1 : 7500  | 16       |
| 6A      | W-20                | 4000   | 120   | 1 : 10000 | 14       |
| 6B      | M55 / W40           | 4000   | 120   | 1 : 7500  | 14       |
| 7A      | M60 / W45           | 3700   | 95    | 1 : 7500  | 16       |
| 7B      | W21                 | 3700   | 95    | 1 : 10000 | 16       |
| 8A      | M-16 / W-18         | 3500   | 105   | 1 : 10000 | 13       |
| 8B      | M65                 | 3500   | 105   | 1 : 7500  | 13       |
| 9       | W50                 | 3300   | 110   | 1 : 7500  | 12       |
| 10A     | W-16                | 3100   | 95    | 1 : 10000 | 10       |
| 10B     | M70 / W55           | 3100   | 95    | 1 : 7500  | 10       |
| 11      | M75 / W60           | 3100   | 90    | 1 : 7500  | 11       |
| 12      | M-14                | 2900   | 90    | 1 : 10000 | 12       |
| 13      | W-14                | 2800   | 90    | 1 : 10000 | 11       |
| 14      | W65 / M80           | 2600   | 90    | 1 : 7500  | 10       |
| 15      | M85 / W70           | 2100   | 90    | 1 : 7500  | 9        |
| 16      | M-10 A-B / W-10 A-B | 2000   | 65    | 1 : 7500  | 8        |
| 17      | W-12 / M-12         | 2100   | 90    | 1 : 7500  | 7        |
| 18      | W75 / M90           | 1900   | 55    | 1 : 7500  | 7        |
| 19      | W80 &+ / M95 &+     | 1700   | 45    | 1 : 7500  | 7        |
| 20      | MM                  | 2900   | 105   | 1 : 7500  | 11       |
| 21      | SE                  | 2800   | 90    | 1 : 7500  | 11       |
| 22      | SD                  | 3300   | 110   | 1 : 10000 | 12       |
| 23      | LD                  | 5000   | 150   | 1 : 10000 | 17       |

## Stage 2 - Long distance (June 8)

Map : Fellenne Nord

Scales : 1:7.500 or 1:10.000

Equidistance : 5m

Starts between 10:00 and 12:00.

Refreshments in the forest (on the path).

Cartographer : Freddy Sillien

Course setter : Freddy Sillien

Internal control : Nicolas Sillien, Vincent Sillien, Julien Dache

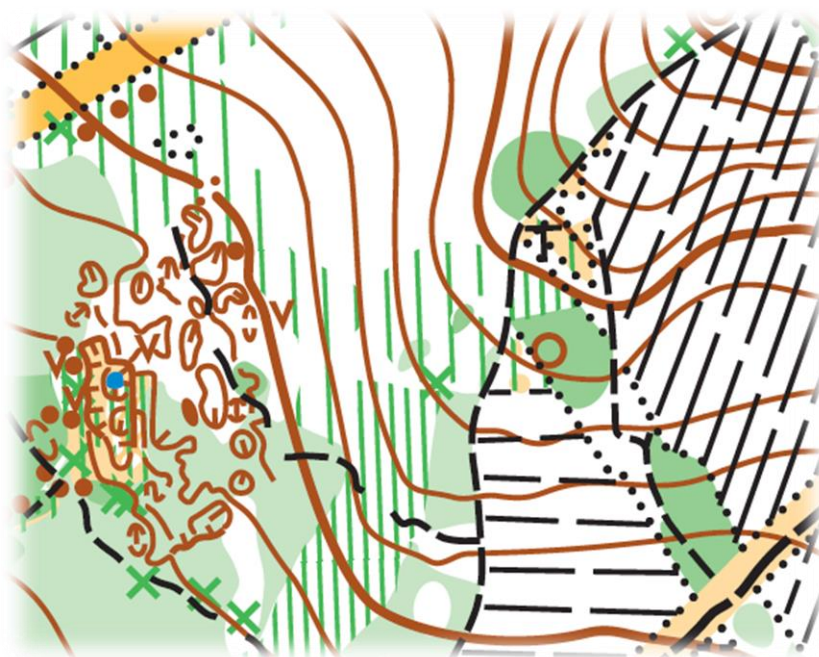
Event advisor : Christophe Bernard

Distance parking - arena : 50 - 900m

Distance arena - start : 2000m

Distance finish - arena : adjacent

Map sample :



Distances :

| Circuit | Category            | Length | Climb | Scale     | Controls |
|---------|---------------------|--------|-------|-----------|----------|
| 1       | ME                  | 10300  | 560   | 1 : 10000 | 28       |
| 2       | WE                  | 8300   | 400   | 1 : 10000 | 24       |
| 3       | M-20 / M35          | 7800   | 425   | 1 : 10000 | 20       |
| 4       | M40                 | 7300   | 415   | 1 : 7500  | 20       |
| 5A      | M45                 | 6900   | 370   | 1 : 7500  | 20       |
| 5B      | M-18 / M21 / W-20   | 6900   | 370   | 1 : 10000 | 20       |
| 6A      | M50                 | 6100   | 300   | 1 : 7500  | 21       |
| 6B      | W35                 | 6100   | 300   | 1 : 10000 | 21       |
| 7A      | M-16                | 5500   | 315   | 1 : 10000 | 16       |
| 7B      | M55                 | 5500   | 315   | 1 : 7500  | 16       |
| 8A      | W21 / W-18          | 5100   | 285   | 1 : 10000 | 17       |
| 8B      | W40                 | 5100   | 285   | 1 : 7500  | 17       |
| 9       | M60 / W45           | 4800   | 255   | 1 : 7500  | 16       |
| 10A     | M65 / W50           | 4600   | 235   | 1 : 7500  | 15       |
| 10B     | W-16                | 4600   | 235   | 1 : 10000 | 15       |
| 11      | W55 / M70           | 4400   | 185   | 1 : 7500  | 14       |
| 12      | W60 / M75           | 4200   | 145   | 1 : 7500  | 14       |
| 13      | M-14                | 3600   | 150   | 1 : 10000 | 12       |
| 14      | W65                 | 3500   | 150   | 1 : 7500  | 11       |
| 15      | W-14                | 3100   | 105   | 1 : 10000 | 10       |
| 16      | W70 / M80           | 3000   | 100   | 1 : 7500  | 11       |
| 17      | W75 / M85           | 2600   | 60    | 1 : 7500  | 11       |
| 18      | W80 / M90           | 2400   | 65    | 1 : 7500  | 8        |
| 19      | W-12 / M-12         | 2000   | 55    | 1 : 7500  | 10       |
| 20      | M-10 A-B / W-10 A-B | 1900   | 50    | 1 : 7500  | 10       |
| 21      | M95 &+ / W85 &+     | 2300   | 60    | 1 : 7500  | 8        |
| 22      | MM                  | 4300   | 210   | 1 : 7500  | 11       |
| 23      | SE                  | 2600   | 80    | 1 : 7500  | 9        |
| 24      | SD                  | 3500   | 150   | 1 : 10000 | 11       |
| 25      | LD                  | 7300   | 415   | 1 : 10000 | 19       |

### Stage 3 - Long distance (June 9) - Chasing start

Map : Fellenne Centre

Scales : 1 :7.500 or 1:10.000

Equidistance : 5m

Starts between 9:30 and 11:30.

Refreshments in the forest (on the path).

Cartographer : Freddy Sillien

Course setter : Freddy Sillien

Internal control : Nicolas Sillien, Vincent Sillien, Julien Dache

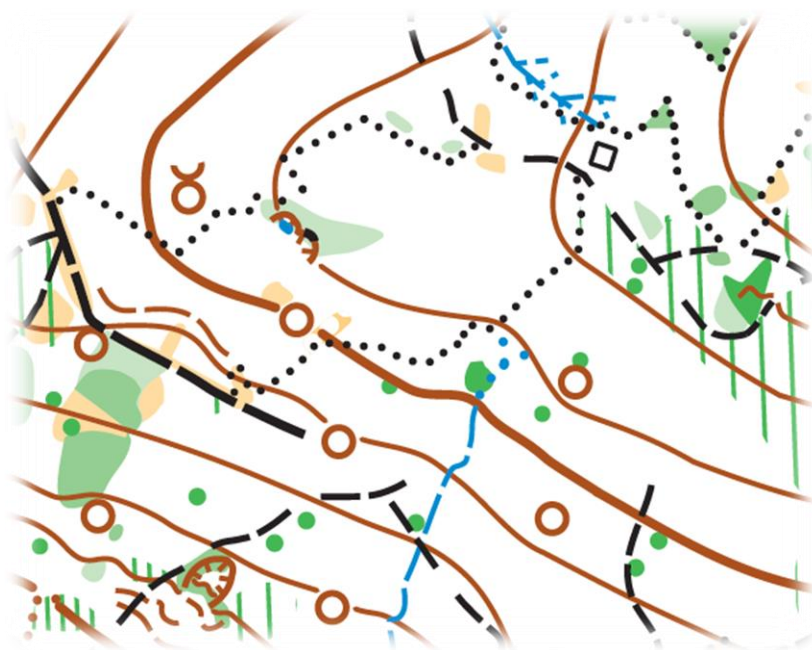
Event advisor : Jean-Baptiste Colomb

Distance parking - arena : 50 - 900m

Distance arena - start : 2000m

Distance finish - arena : adjacent

Map sample :



Distances :

| Circuit | Category            | Length | Climb | Scale     | Controls |
|---------|---------------------|--------|-------|-----------|----------|
| 1       | ME                  | 10600  | 475   | 1 : 10000 | 30       |
| 2       | WE                  | 8900   | 360   | 1 : 10000 | 27       |
| 3       | M-20 / M35          | 7900   | 410   | 1 : 10000 | 20       |
| 4       | M40                 | 7400   | 360   | 1 : 7500  | 17       |
| 5A      | M45                 | 6800   | 305   | 1 : 7500  | 19       |
| 5B      | M-18 / M21 / W-20   | 6800   | 305   | 1 : 10000 | 19       |
| 6A      | M50                 | 6400   | 270   | 1 : 7500  | 17       |
| 6B      | W35                 | 6400   | 270   | 1 : 10000 | 17       |
| 7A      | M-16                | 5800   | 245   | 1 : 10000 | 15       |
| 7B      | M55                 | 5800   | 245   | 1 : 7500  | 15       |
| 8A      | W21 / W-18          | 5400   | 240   | 1 : 10000 | 14       |
| 8B      | W40                 | 5400   | 240   | 1 : 7500  | 14       |
| 9       | M60 / W45           | 5300   | 250   | 1 : 7500  | 16       |
| 10A     | M65 / W50           | 4500   | 200   | 1 : 7500  | 14       |
| 10B     | W-16                | 4500   | 200   | 1 : 10000 | 14       |
| 11      | W55 / M70           | 4300   | 165   | 1 : 7500  | 11       |
| 12      | W60 / M75           | 3800   | 175   | 1 : 7500  | 9        |
| 13      | M-14                | 3500   | 175   | 1 : 10000 | 9        |
| 14      | W65                 | 3300   | 160   | 1 : 7500  | 9        |
| 15      | W-14                | 2900   | 160   | 1 : 10000 | 8        |
| 16      | W70 / M80           | 2700   | 155   | 1 : 7500  | 8        |
| 17      | W75 / M85           | 2500   | 75    | 1 : 7500  | 9        |
| 18      | W80 / M90           | 2100   | 70    | 1 : 7500  | 10       |
| 19      | W-12 / M-12         | 2200   | 60    | 1 : 7500  | 9        |
| 20      | M-10 A-B / W-10 A-B | 2000   | 70    | 1 : 7500  | 9        |
| 21      | M95 &+ / W85 &+     | 2100   | 95    | 1 : 7500  | 8        |
| 22      | MM                  | 5000   | 200   | 1 : 7500  | 14       |
| 23      | SE                  | 3000   | 160   | 1 : 7500  | 7        |
| 24      | SD                  | 3300   | 160   | 1 : 10000 | 9        |
| 25      | LD                  | 7400   | 360   | 1 : 10000 | 17       |

## Shops

NONAME, official sponsor of the 3 Days of Belgium 2025, will be present every day at the arena site with its clothing and accessories shop.

***noname***

SPORTIDENT France will also be present at each stage. You can not only buy your Sportident products but also check the battery level and even replace it for your Sportident chip.

 **SPORTident**  
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## Partners and sponsors

**Balteau  
Group**

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